



# Mid-Atlantic Section

## *American Urological Association, Inc.*

# NEWSLETTER

February 2004

### 2003 - 2004 OFFICERS

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900 Cummings Center, Suite 221-U  
Beverly, MA 01915  
(978) 927-8330/Fax (978) 524-8890  
maaua@prri.com  
[www.auanet.org/midatlantic](http://www.auanet.org/midatlantic)

### PRESIDENT'S MESSAGE



John J. Pahira, M.D.

It is indeed a great honor for me to serve as your president during this coming year. I would like to thank the membership again for their vote of confidence.

My first association with the Mid-Atlantic section was at the October, 1977, meeting held at the Homestead. As residents, we had been encouraged to attend the meeting and to present a paper. I found the camaraderie of the Section members very welcoming and I enjoyed the opportunity to interact with both residents and members from all over the Section in the resort atmosphere of the Homestead. I have attended almost every meeting since and always try to present a paper along with my

residents. I strongly encourage any resident or Section member who has not yet come to our annual meeting to give it a try. The registration fee is waived for any resident member from the Section who wants to attend the meeting and the Section will provide a \$1000 educational grant to any training program who has one or more residents presenting a paper or poster at the meeting.

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### 2004 Annual Meeting On the Move!

We are pleased to announce that the *Mid-Atlantic Section, AUA* will be moving the site of its **2004 Annual Meeting** to the *Hyatt Regency Chesapeake Bay Golf Resort, Spa & Marina* in Cambridge, Maryland.

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### SECRETARY - TREASURER'S CORNER

#### Annual Meeting Highlights

More than 200 individuals, including 160 physicians, attended the 61<sup>st</sup> Annual Meeting of the Mid-Atlantic Section, AUA at the Boca Raton Resort and Club in Boca Raton, Florida. The meeting, held from October 26-29, 2003, included an exceptional scientific program and an enjoyable social agenda which took advantage of this beautiful tropical location. We are grateful to our corporate sponsors for helping us make the meeting so successful. (Please see the entire list of sponsors and exhibits inside.)

This year's meeting began with a moderated poster session, followed by a pre-meeting seminar entitled, "Management of Erectile Dysfunction: New Agents and Techniques" moderated by Gerald Jordan, M.D. and featuring Drs. Wayne Hellstrom, Gerald Brock, and James Eastham.

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# MID-ATLANTIC SECTION of the AMERICAN UROLOGICAL ASSOCIATION

## **HIGHLIGHTS of the Board of Directors Meeting, October 26, 2003 and Annual Business Meeting, October 28, 2003 Boca Raton, Florida**

### **REPORT OF THE PRESIDENT**

Dr. Wein expressed his appreciation to the Membership for their support during his Presidency and particularly thanked Dr. Len Gomella, Chairman of the Scientific Program Committee, Dr. Terrence Malloy, Chairman of the Local Arrangements Committee, Dr. Robert Older, for overseeing the Pollack X-Ray Conference, and special thanks to Dr. Roger E. Schultz for his dedicated service as Secretary-Treasurer. He also expressed his appreciation to Mr. Jones, Megan Tainer and Jill Beilke of PRRI for their support through the year and during this Annual Meeting.

### **REPORT OF THE SECRETARY-TREASURER**

Total assets of the Section on September 30, 2003 were \$664,676 with total receipts for the nine-month period of \$334,590 and disbursements of \$165,181 resulting in an operating surplus of \$169,410 before expenses for the Annual Meeting were included.

It was voted to amend the MA-AUA Section Expense Guidelines to increase the honorarium to the X-Ray Conference Leader to \$1,000 and to add to the invited speakers list the provision that invited speakers who are not members of the MA-AUA Section, be offered all travel expenses, accommodations for the duration of the meeting, meeting registration, and an honorarium of \$1,000.

The Board has agreed to maintain the current investment philosophy of approximately 50% of the assets of the Section in equities and 50% in bonds, which closely parallels AUA philosophy. The Board has approved a proposed By-Laws amendment to establish an Investment Committee.

### **MEMBERSHIP**

There are currently 627 Active, 285 Senior, 68 Associate, 7 Honorary, 4 Affiliate and 72 Candidate Members for a total membership of 1,063.

Board members will review a 5-year membership trend report and will assess the number of practicing urologists in the Mid-Atlantic Section and the percentage of those who were members of both the AUA and the Mid-Atlantic Section.

The following members had passed away during the past year:

George S. Barrett, M.D., Topton, Pennsylvania  
John W. Best, M.D., York, Pennsylvania  
John I. Mandler, M.D., Abington, Pennsylvania  
D. Franklin Milam, M.D., Morgantown, West Virginia  
F. Kash Mostofi, M.D., Chevy Chase, Maryland  
William H. Pfeffer, M.D., Hanover, Pennsylvania  
B. Richmond, M.D., Beckley, West Virginia  
M. J. Vernon Smith, M.D., Richmond, Virginia

### **AUA HEALTH POLICY COUNCIL**

It was noted that the Health Policy Council was focusing on several issues including practice management, Medicare issues and LHRH.

### **AUA POTENTIAL BY-LAW CHANGES**

Correspondence from the AUA Secretary, Dr. Carl A. Olsson, had been distributed and the Board agreed that the AUA By-Laws amendment regarding Senior membership eligibility should be incorporated in the Mid-Atlantic Section By-Laws. Although sufficient notice to the membership would not be possible regarding this additional By-Laws amendment, a provision allows for the By-Laws to be temporarily suspended in order to consider and vote on any amendments. Voted to recommend to the membership at the Annual Business Meeting the adoption of a By-Laws amendment, which would further clarify eligibility for Senior membership.

### **REPRESENTATIVE TO THE AUA BOARD OF DIRECTORS**

Dr. Schellhammer iterated that the AUA was essentially two separate entities: the 501(c) 3 organization with primary responsibility for the Annual Meeting and the Office of Education, and the 501(c) 6 organization whose primary mission was overall operation of the AUA and advocacy on governmental affairs issues. The AUA remains in good health financially with total assets of \$72,091,606, which represents a 13% increase compared to the previous year. Operating revenue was up by 12% as well as operating expenses, which were up by 17%.

The AUA Board had approved the establishment of a new AUA Committee on Quality Improvement and Patient Safety and a revised Policy on Disclosure and Conflict of Interest had been approved by the Board at its April meeting. The American Board of Urology had informed the AUA of its decision to accept and recognize the maintenance of certification mandate by the American Board of Medical Specialties.

Dr. Jay Gillenwater's current term as Editor of the *Journal of Urology* will end on June 30, 2004 and the Section has corresponded with the AUA endorsing Dr. Martin Resnik as a candidate for the next Editor of the Journal.

### **MEMBERSHIP CHANGES**

*Approved during the 2003 Annual Business Meeting:*

#### **TRANSFER TO SENIOR MEMBERSHIP**

Joseph A. Breslin, M.D., Lancaster, Pennsylvania  
Victor E. Augusta, M.D., Lancaster, Pennsylvania

#### **REQUESTS FOR TRANSFER INTO SECTION**

Brant R. Fulmer, M.D., Charlottesville, Virginia  
Barry Lifson, M.D., Parkersburg, West Virginia

## NEW ACTIVE MEMBERS

**Edgar C. Baselli, M.D.**

*York, Pennsylvania*

**M. Scott Beltz, M.D.**

*Lancaster, Pennsylvania*

**David Y. S. Chan, M.D.**

*Baltimore, Maryland*

**Joanna K. S. Chon, M.D.**

*Philadelphia, Pennsylvania*

**Anuj K. Chopra, M.D.**

*Bloomsburg, Pennsylvania*

**Vidal Despradel, M.D.**

*Salem, Virginia*

**Patrick P. Dugan, M.D.**

*Parkersburg, West Virginia*

**Grant L. Franklin, Jr., M.D.**

*Fairmont, West Virginia*

**David M. Hall, M.D.**

*Morgantown, West Virginia*

**Nicholas M. Holmes, M.D.**

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**Franklin I Margolis, M.D.**

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**Jeffrey E. Wong, M.D.**

*Alexandria, Virginia*

**Kareem A. Zaki, M.D.**

*Christiansburg, Virginia*

**Stanley Zaslau, M.D.**

*Morgantown, West Virginia*

## AUA Announces a New Program

The AUA Board of Directors recently announced the new Leadership Initiative Program, which targets younger members who have demonstrated leadership skills and who are AUA members in their first 5 – 15 years of practice. The Program is designed to identify and prepare these individuals to assume future roles of responsibility within the AUA. The Program will be offered every other year and will involve a weekend program at the new headquarters in Baltimore. There will also be several mentoring opportunities designed to develop leadership, advocacy, public speaking and communication skills.

Any active Section member interested in being nominated by the Mid-Atlantic Section for this program needs to submit a written essay of interest to the section. The essay should be no more than 500 words. The deadline for submitting is March 10, 2004. Please e-mail your submission to: [maaua@pri.com](mailto:maaua@pri.com). The Executive Committee will review the applications at the Board of Directors meeting in March and nominate our Section representative for the Program.

## FUTURE MEETINGS

2004 October 3-6

Hyatt Regency Chesapeake Bay  
Golf Resort, Spa and Marina  
Cambridge, Maryland

**New Location**

2005 October 23-26

Wigwam Resort  
Phoenix, Arizona

2006 October 12-14

*(note change to Thursday - Sunday pattern)*  
Capital Hilton  
Washington, DC

2007 October 19-21

Southampton Princess  
Bermuda

The Scientific Program, organized by Leonard Gomella, M.D. and the Program Committee, included 24 oral presentations covering the latest developments in our specialty. After a warm welcome by President Alan Wein, M.D., the scientific program kicked off on Monday morning with a lively Point/Counterpoint session. Topics debated included Prostate Cryotherapy, Laparoscopy in Pediatric Urology, and SUI Management: TVT vs. SPARC.

In addition, several panel discussions and lectures complimented the program. A "Rapid Fire" panel discussion, moderated by Leonard Gomella, featured seven expert opinions on "How to Treat BPH". Each speaker was given 7-minutes to present their case and after a brief discussion period, the audience voted. Moderated by Jack Mydlo, M.D., the panel on "Chemotherapy for Prostate Cancer" featured both an oncology and urology view. Additional panel discussions included "Overactive Bladder: New Treatment Options", moderated by Alan Wein, M.D., and "Frontiers in Molecular Urology", moderated by Judd Moul, M.D. A State of the Art Lecture was presented by Patrick Shenot, M.D. entitled, "Interstim and Neuromodulation: The Future is Here" and an informative guest lecture was given by Lewis Morris, Office of the Inspector General, entitled "The OIG and Urology: What You Need To Know".

In a special presentation by William F. Gee, M.D., Chair of the AUA Health Policy Council, participants were educated on "Reimbursement for LHRH Agonists" and in a separately subscribed program, Drs. Michael Ferragamo and Leonard Frank reviewed "Urology Coding".

The Section was pleased to have Dr. Louis Kavoussi from Baltimore, Maryland as the Hugh Hampton Young Lecturer. Doctor Kavoussi presented an illuminating talk on "Minimally Invasive Approach to Renal Masses". Other distinguished guest speakers included Dr. Brendan A. Fox, President-Elect of the AUA and Dr. David M. Barrett as the AACU Lecturer, who presented "The Trials and Tribulations of a Healthcare Administrator: The View from the CEO's Desk". Another tradition of the Section's meeting was the Howard M. Pollack X-Ray Conference, presided over by Dr. Robert S. Older.

We extend our congratulations to all of the Residents who participated in the Resident Prize Essay Award Competition, and our compliments to the winning authors listed on the right. These winners should be extremely proud of their accomplishments.

In addition to the outstanding scientific sessions during the meeting, the Local Arrangements Committee, chaired by Dr. Terrence R. Malloy, hosted a variety of events to insure everyone had an opportunity to take advantage of this tropical location. The Welcome Reception on Sunday evening greeted guests by the Garden Pool and was followed by a dinner hosted by the Virginia Urological Society. A Margaritaville Theme Dinner on Monday was the perfect way to unwind and enjoy the locale and the President's Reception and Banquet completed the social events in grand fashion.

Plans have already begun for the 62<sup>nd</sup> Annual Meeting of the Section, scheduled for October 3-6, 2004, at The Hyatt Regency Chesapeake Bay Golf Resort, Spa and Marina!

Marguerite C. Lippert, M.D.  
Secretary-Treasurer





# 2003 Annual Meeting Resident Prize Essay Award Winners

## BASIC SCIENCE

### FIRST PLACE

**Molecular Profiling and Classification Of  
Sporadic Renal Cell Carcinoma  
By Quantitative Methylation Analysis**

*Mark L. Gonzalgo, M.D.  
Johns Hopkins University, Baltimore, Maryland*

### SECOND PLACE

**Effect Of Botulinum Toxin On ATP-Induced  
Bladder Contractions In Rat Bladders**

*Humphrey Atiemo, M.D.  
University of Maryland, Baltimore, Maryland*

### THIRD PLACE

**Angiogenic Growth Factor Activity  
In Lean and Obese Rodents**

*Matthew I. Gerstein, M.D.  
Temple University, Philadelphia, Pennsylvania*

## CLINICAL INVESTIGATION

### FIRST PLACE

**Bladder Cytology In the Setting Of Normal  
Cystoscopy During Hematuria Evaluation:  
Is It Necessary?**

*Steven M. Salva, M.D.  
Geisinger Medical Center, Danville, Pennsylvania*

### SECOND PLACE

**PSA Density: A Just Number Or Just A Number?**

*Stephen A. Brassell, M.D.  
Walter Reed Army Medical Center, Washington, DC*

### THIRD PLACE

**The Use Of Highly Sensitive PSA Levels In  
Detecting Clinically Significant Prostate  
Cancer Recurrences**

*Stacey G. Koff, M.D.  
Walter Reed Army Medical Center, Washington, DC*

## 2004 Annual Meeting Moves to Cambridge, Maryland

(continued from page one)

This decision was made based on recent knowledge of untimely renovations at the Williamsburg Lodge in Williamsburg, Virginia — the previously announced site of the 2004 Annual Meeting.

The Hyatt Regency Chesapeake Bay Resort's meeting facilities will provide a great venue for our scientific program. Set on 342 acres of landscaped grounds on the Eastern Shore of Maryland, the Resort is a stunning destination offering luxurious rooms, delicious food and a multitude of activities, including an 18,000 square foot European health spa with a variety of treatment rooms.

We look forward to seeing you at the 2004 Annual Meeting of the Mid-Atlantic Section, AUA from October 3<sup>rd</sup> – October 6<sup>th</sup> in Cambridge, Maryland! More information will be available in the summer. For current news on the MA-AUA, and information on the abstract submission process for the 2004 Annual Meeting, please visit our website at: [www.auanet.org/MidAtlantic](http://www.auanet.org/MidAtlantic).

**ABSTRACT DEADLINE:**  
**April 16, 2004**

### About the Resort....

**River Marsh Golf Club**- 18-hole championship golf course designed by nationally recognized architect Keith Foster. The driving range consists of five separate tee boxes, and a putting and chipping green is also available in close proximity to the Clubhouse.

**Stillwater European Health Spa** - Located at the west end of the Greathouse, the spa offers 12 treatment rooms as well as complete men's and women's locker rooms with steam/sauna areas.

Explore indigenous spa treatments that have been specially created to invigorate the body, uplift the senses, and soothe the spirit.

**River Marsh Marina** - 150-slip marina and store.

**Fitness Center** - 2,500 square-foot health club with cardiovascular, circuit and weight training areas, along with an adjacent 1,000 square-foot aerobics room.

#### **Tennis**

**Wintergarden** - This is a climate controlled, glass enclosed area, offering a pool available year-round. Guests will enjoy views of the Marina and river while swimming in a temperature controlled environment.

**Children's Recreation Area** - Camp Hyatt at Pirate's Cove features a reception desk, an activity room, multimedia computers, restrooms and an adjacent, enclosed outdoor playground.

**Other Outdoor Activities** - Jogging and walking trails meander through the resort's waterfront and Hyatt's own Wildlife Refuge, a preserved area of lush vegetation and animals indigenous to the Eastern Shore, such as the Great Blue Heron and American Bald Eagle.



### From the President

(continued from page one)

In addition to participation at the Annual Meeting, I also want to encourage all of our young Section members who might be interested in a potential leadership position with the AUA to consider applying for nomination by the Section to the new AUA Leadership Initiative Program. (Please see page 3 for the details.)

On behalf of the membership, I want to again thank Dr. Alan Wein for this year's outstanding meeting. The Boca Resort was very enjoyable and the President's dinner was an outstanding success. Our thanks also to Dr. Terrence Malloy and the Local Arrangements Committee for the wonderful social program. My wife and I especially enjoyed the band at this year's dinner.

Dr. Leonard Gomella, following the recommendations of the Executive Board and the Strategic Planning Committee developed a new format for the scientific program with an emphasis on rapid-fire panels, in-depth lectures, as well as several postgraduate course offerings. The program offered both an expanded learning opportunity plus an increased number of CME credits.

It's not too early to reserve the date for next year's meeting: October 3-6, 2004, at the Hyatt Regency Chesapeake Bay Golf Resort in Cambridge, Maryland. (See article beginning on page one for the details regarding the change in venue for the 2004 Annual Meeting.) Dr. Judd Moul and the Program Committee are already planning the scientific program and will incorporate many of the successful additions we had in 2003. I am pleased to report that the Hugh Hampton Young Lecture will be given by Dr. Joseph Segura from the Mayo Clinic.

The Local Arrangements Committee, chaired by Dr. John Lynch, promises us an enjoyable experience exploring Maryland's Eastern Shore. Maryland's second largest deep-water port, Cambridge is an authentic working bay town on the Choptank River and there will be plenty of opportunities to take advantage of the local environment.

Make your plans to join us in Maryland! Visit the section's website for additional information and registration forms.

John J. Pahira, M.D.

## **THANK YOU .....**

*to the following companies and organizations for their unrestricted educational grants in support of the 2003 Annual Meeting:*

**Abbott Laboratories**  
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Mid-Atlantic Section of the  
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Manchester, MA 01944

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